

THE FREQUENCY OF LOVE

You & I are Conscious “Biophotonic” entities.. (Light and Information)

We may REVISE ourselves.. By consciously choosing what we Think.
..To carefully, thoughtfully, pick where we place our ATTENTION On Purpose.

HOW?

- **Develop a Habit of Meditation.**
- **Develop the Habit of Appreciation.**
- **Develop the Skills of a Consciousness Technology, i.e.**
Focused Mind Healing, Hypnosis, Matrix Energetics, Laying on of Hands, etc.

Yes, you will have to work at this. Once you decide that it is OK for YOU to Do the Work, Powerful, Unseen forces will come rushing in to help – Like an “Easy World” Avalanche !

To align one's life with spiritual intention expands its meaning and significance. While the ego/body/mind's life span is limited and temporary, the life of the spirit is eternal, and its importance thus eclipses transitory gains of ego satisfaction. The lesser is then surrendered to the greater by **alignment, commitment, and agreement**—because it is freely chosen rather than imposed, there is a lessening of resistance. ◀

From: “Reality, Spirituality and Modern Man” (2008), Chapter 15: Becoming the Prayer, p. 293

*Understand that it is Vibration – or Frequency - that is most effective at Directing AKA “Aiming” The *Law of Magnetic Attraction in order to bring into your Awareness what you want. Manifesting desire happens as a consequence of habituating this alignment.
* this LAW is ALWAYS working.*

Ways to fine tune:

- Click your Amygdala Forward (smell a pleasing odor, use your imaginary feather)
- Release and Let Go – of everything that troubles, bothers or pains you.
- Listen to elevating music. Watch uplifting movies. Engage in what gives you Joy.
- Revise your daily pursuits, incrementally, so that the end result becomes: you are continuously seeking wisdom, being kind and integrating the new, improved practices that you find work into your ordinary, everyday, habitual way of life.
- **And.. ASK, SEEK, KNOCK.** “..as far as I can tell, its about Letting the Universe know what you want, and working toward it, while letting go of How it comes to pass..” - Jim Carrey

Do what resonates with YOU – If it isn't fun or interesting to you, it doesn't matter that 14 world renowned Gurus said so!

USE the resources @ www.Iwantjoy.com